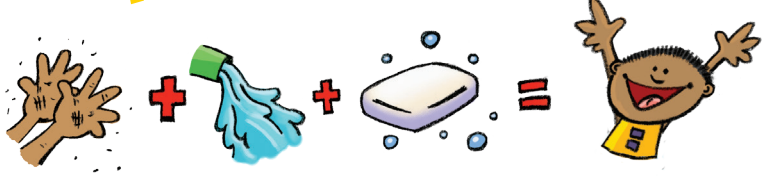


DID YOU KNOW?
 Hand washing
 with soap and water
 can reduce sickness
 by up to 45%

WHEN SHOULD YOU WASH YOUR HANDS?



TRY THIS!

Sing *The Hand Washing Song* below to the tune of *Frere Jacques*. This song lasts about 20 seconds, the amount of time you should spend washing your hands.

- Lather with soap
- Rub your palms together
- Now the backs of your hands
- Interlace your fingers
- Cleaning in between them
- Now the thumbs
- Clean your nails

